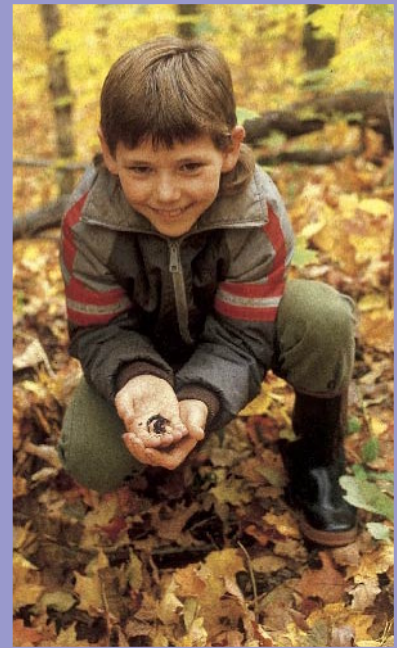


KINARK OUTDOOR CENTRE

SCHOOL PROGRAMS FOR 2010-11

*'Nurturing values and
understanding through hands
on learning'*



KINARK OUTDOOR CENTRE

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The Kinark Outdoor Centre invites you to experience one of our many Outdoor Education programs for 2010-11. The Centre is available for both day and residential programs in all four seasons. We facilitate both packaged curriculum linked activities and custom designed program experiences in partnership with visiting teachers.

Attached is background about the Centre, an overview of the educational programs available in 2010-11, and information that will help you plan a visit. We are very excited about these opportunities and encourage you to contact the Centre if you have any questions.

The Kinark Outdoor Centre

The Kinark Outdoor Centre has been providing Outdoor Education, Skill Development and Adventure-Based programs to schools since 1985. The Centre brings together a professional teaching staff, modern facilities and a menu of programs specifically adapted to the learning objectives of each visiting group. The Outdoor Centre operates on a year-round basis, offering a variety of seasonal activities which are facilitated by our qualified instructors.

The Kinark Outdoor Centre is recognised as a leader in providing 'people focused' outdoor experiences. Our dynamic staff team will lead your group through a balanced schedule of outdoor skills and recreational activities. The active camp program provides a valuable social experience as well as opportunities for skill acquisition and leadership development for all ages and abilities.



OUTDOOR EDUCATION AND ADVENTURE BASED PROGRAMMING

Program Options

The Kinark Outdoor Centre offers a wide variety of educational and adventure-based programming. Prior to their visit we review program content with teachers to ensure the activities meet individual learning objectives. Once the program design is complete, we will visit your school, conduct a Parent Information Evening and provide information booklets for students and parents.

Program Areas

- ◆ **Sustainable Living Centre** –Water Conservation, Alternative Power, Global Warming, Waste Reduction
- ◆ **The Adventure Sequence and Group Living Skills**– Communication, Problem solving, Trust, Social Responsibility; utilizing Co-operative Activities, Climbing Walls, Low and High Ropes Courses
- ◆ **Environmental Studies**– Diversity of Living Things, Lake Study, The Night Sky, the Wetlands Habitat, Forest Stewardship
- ◆ **Outdoor Living and Recreation Skills**– X-country skiing, GPS Navigation, Canoeing, Kayaking, Fishing, Wilderness Travel, Climbing
- ◆ **Social Recreation**- Crafts, Campfires, Sports, Pontoon boat rides



SITE INFORMATION

Location and Facilities

The Kinark Outdoor Centre is located 200km north of Toronto in Haliburton County, 10km from the town of Minden. It is situated on a 243-hectare site with a diversity of natural features from wetlands to mature forest. The site boasts 25 kilometres of trails and features a private lake, high and low ropes course and large recreation hall with classrooms.



Food Service

The Kinark Outdoor Centre has established a reputation for quality facilities and a highly rated food service. All meals are served buffet style in the central dining hall. There is a vegetarian option with each meal and with advance notice individual meals are cooked for those with food allergies, dietary restrictions and those requiring kosher or halal meals. Snacks are also provided in the evenings. *We follow Ontario Eat Smart standards for school cafeterias.*

Cabins

There are several cabin areas on site, however, most groups stay in the Lakeview Cabin area. Each standard cabin is divided into two units. Each unit contains 5 beds, electrical lights/outlets/heat, two piece bathroom and modest clothes storage. Showers are located in a central washhouse. We ask that you bring your own bedding and pillow (sleeping bags can be supplied for an additional fee). All of the standard cabins have stair access only. Accessible accommodations are available upon request. There are well-maintained paths and roads between all buildings.



IMPORTANT THINGS TO KNOW ABOUT YOUR VISIT TO THE KINARK OUTDOOR CENTRE

CHILD/YOUTH SUPERVISION:

Kinark Outdoor Centre staff provide a wide variety of program experiences for student's from 8:00 am until the end of evening program at approximately 8:30 PM. Following this activity period, the teaching staff will assume responsibility for the care of the group during the night.

As additional support, there is an identified Kinark staff on-site each night to assist the teachers in the event of an emergency.

TELEPHONES:

If in the case of an emergency you need to contact your child or one of the teachers you may contact the Kinark Outdoor Centre Office at 705-286-3555. If you are calling after office hours dial 1-705-754-5917 for the on-site staff cell phone.

EMERGENCY AND SAFETY PRACTICES:

Kinark Outdoor Educators are trained and certified in all aspects of emergency first aid and are responsible for ensuring a safe environment at all times. They will assume a leadership role in all emergency situations, and each carry a personal First-Aid Kit on them at all times.

Additional fully stocked First Aid Kits are located in key locations throughout the Centre.

Kinark Outdoor Educators will be supervising all activities and programs during your visit. When providing activities such as the climbing wall, cross country skiing, or snowshoeing, each staff carries a two-way radio on them, and has the ability to contact the main Kinark office for assistance if needed.

In the unlikely event of a medical emergency, there are two hospital emergency departments located within 15-30 minutes respectively from the Outdoor Centre.

Due to the common number of nut-related allergies, we are a nut-free facility. Please do not bring snacks containing nuts or nut-related products.

The teaching staff will assume responsibility for, and dispense all student medications while at Kinark. Lock boxes are available upon request for the storage of medication.

COMMENTS AND FEEDBACK...

“The professionalism of the staff is the best I have met in my 24 years of professional camping experience. The responsiveness to changes, the care of individual concerns, and the primacy of the well-being of the children are the three major reasons that Bayview Glen has high regard for Kinark.”

-Bayview Glen School

“Every time I come back to Kinark, I am reminded why it is such an important place for me. After having had the experience of being a staff member and then a visiting teacher, I know first hand the high quality of the programs and staff. I love how Kinark offers a great variety of activities and the staff work hard to meet and adapt to the need of the clients. From the initial phone call, to the time that you drive out of the Centre, you are made to feel part of the process. That is what makes it such a positive experience”.

-Bethany Hills School

“For the third year, the Kinark staff have made for a very enjoyable experience. Their enthusiasm, creativity and friendliness make everyone excited to participate.”

- Appleby College & Bloorview MacMillan Children’s Centre Joint Program

“I loved my time getting to know my group. I also really enjoyed all of the activities especially inner tube soccer and cross country skiing.”

-Duke of Edinburgh Residential Project Participant